

## Overweight and Obesity Conditions with Body Mass Index (BMI)

Documentation and code assignment requires assignment of two diagnosis codes to fully capture the condition severity. First, report a code from the Overweight and Obesity category and a code for the related BMI category. BMI is an index, *not a stand-alone code*, to assist in determining if an individual is underweight, a healthy weight, overweight, or obese.

Documentation Requirements	
<b>Associated/Primary Condition:</b>	Code first a diagnosis from the overweight/obesity category of ICD-10: <ul style="list-style-type: none"> <li>• Morbid (Severe) or Other obesity due to excess calories</li> <li>• Drug-induced obesity</li> <li>• Morbid (Severe) obesity with alveolar hyperventilation</li> <li>• Overweight</li> <li>• Other obesity (constitutional, endogenous, familial, glandular)</li> </ul>
<b>BMI:</b>	Select BMI code based on age category (Adult 20 years of age or older) and corresponding BMI (Adults = weight in kilograms divided by height in meters squared)
<b>*Critical Note:</b>	A BMI of 35 - 39.9 and experiencing obesity-related health conditions, (high blood pressure, diabetes, sleep apnea, etc.) is classified as Morbid Obesity

EMR Diagnosis Key Search Term	
Diagnosis Etiology	Diagnosis Complication
Key Search Term:	Key Search Term:
Key Search Term:	Key Search Term:

## Documentation and Reporting Guidelines

Weight Status Category	Adult BMI
Underweight	<18.5
Normal or Healthy Weight	18.5 – 24.9
Overweight	25 – 29.9
<b>Obesity – Class 1</b>	<b>30 – 34.9</b>
<b>Obesity – Class 2</b> *See Critical Note Above	<b>35 – 39.9</b>
<b>Extreme Obesity – Class 3</b>	<b>&gt;40</b>

### Chronic Diseases

- Chronic diseases treated on an ongoing basis may be coded and reported as many times as the patient receives treatment and care for the condition(s).

### Conditions that Co-exist at the time of the encounter

- Code all documented conditions that coexist at the time of the encounter and requires or affects patient care treatment or management.
- Do not code conditions that were previously treated and no longer exist.